

	M/U20/U18	F/U20/U18	M15/14	W15/14	M13	M12	W13	W12	M11	M10	W11	W10	
	Senioren	Seniorinnen											
14:20				100m ZW									14:20
14:30					75m ZW								14:30
14:40						75m ZW							14:40
14:50							75m ZW						14:50
15:00								75m Zw					15:00
15:10							Hoch 1		50m ZW				15:10
15:20								Hoch 2		50m ZW			15:20
15:30											50m ZW		15:30
15:40												50m ZW	15:40
15:50													15:50
16:00	200m ZL												16:00
16:10		200m ZL											16:10
16:20													16:20
16:30			100m EL	100m EL									16:30
16:40					75m EL	75m EL							16:40
16:50							75m EL	75m EL					16:50
17:00									50m EL	50m EL			17:00
17:10											50m EL	50m EL	17:10
17:20													17:20
17:30	400m ZL												17:30
17:40		400m ZL											17:40
17:50											800m	800m	17:50
18:00									800m	800m			18:00
18:10		800m		800m			800m	800m					18:10
18:20	800m		800m		800m	800m							18:20
18:30													18:30
	1,35-1,40- 1,45-1,50 weiter 3 cm	1,25-1,30- 1,35-1,40 weiter 3 cm	1,15-1,20-1,25-1,30 weiter 3 cm		1,10-1,15-1,20-1,25 weiter 3 cm		1,10-1,15-1,20-1,25 weiter 3 cm						

